

Breast screening for more women with intellectual disability

26 July 2024



Easy Read

About this information



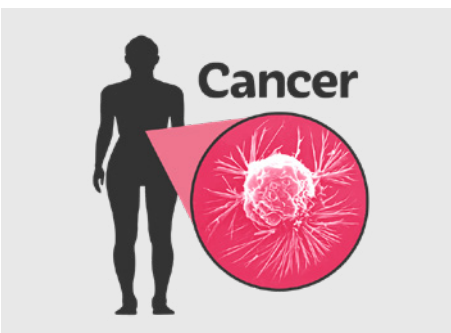
This information is about **breast screening** for women with intellectual disability.



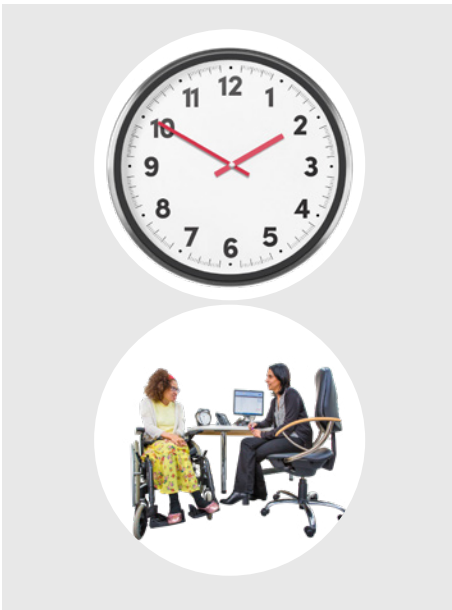
Breast screening is when a health worker checks your breasts for **cancer**.



We will say **screening** for short.



Cancer is an illness that makes people very sick.



Screening is important so you can

- Find breast cancer early
- Get treated for it.



Women with intellectual disability do not get screening as much as other women.



We did **research** to find out how to fix this.



Research is when you look into something to find out more about it.



We asked **experts** how to make it easier for women with intellectual disability to get screening.



Experts are people who know a lot about a topic.



We will talk about some of the things experts said next.

What needs to happen



The experts said we should make sure all women with intellectual disability

- Know about screening
- Get support to have screening.



They need to get information in ways they can understand like Easy Read.



Health workers need to get more skills to support women with intellectual disability.



This might be skills to support women to make their own decisions.



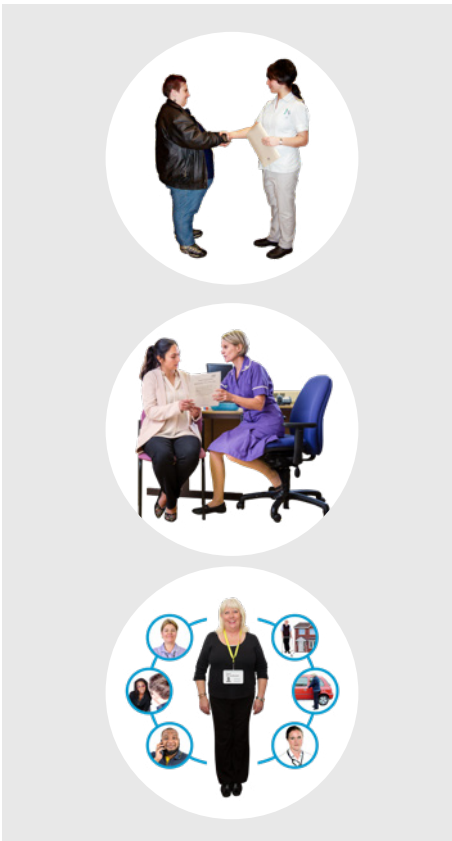
It might be to support women with disability when they give **consent** for screening.



Consent is when you say something is ok.



The experts said it would help to have **service navigators**.

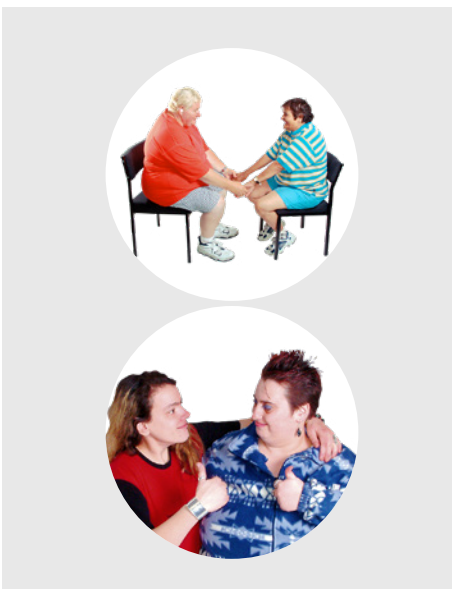


A **service navigator** is a health worker who

- Gives you support
- Gives you information
- Puts you in touch with other services if you need them.



Peer mentors could also support women with intellectual disability to get screening.

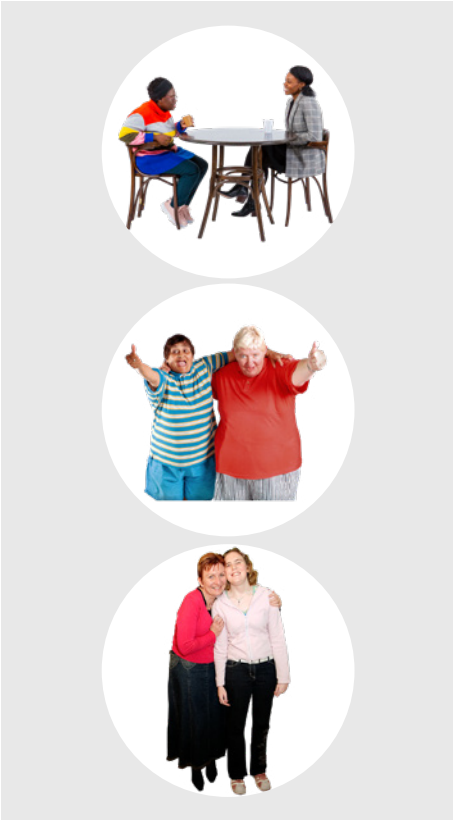


A **peer mentor** is someone who

- Has gone through the same thing
- Helps you get through it too.



People who know women with intellectual disability can talk to them about screening.



This might be

- Support workers
- Friends
- Family.



We need to make sure they have

- Information about screening
- Skills to help women they know get screening.

Next steps



We will test some of the ideas with services that do screening.

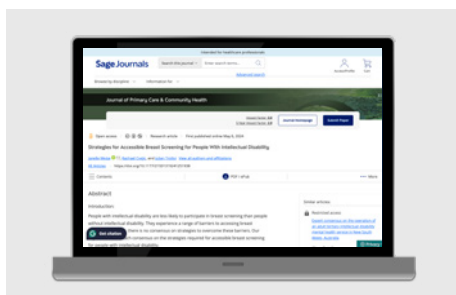


This is good news for women with intellectual disability.



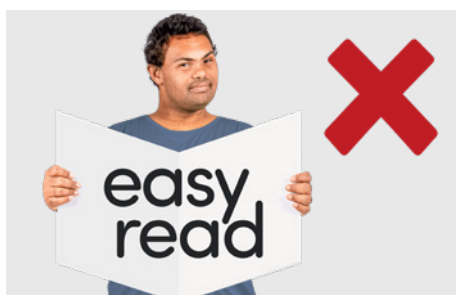
It is also good news for all women who find it hard to get screening.

Find out more



To find out more about our research go to the website

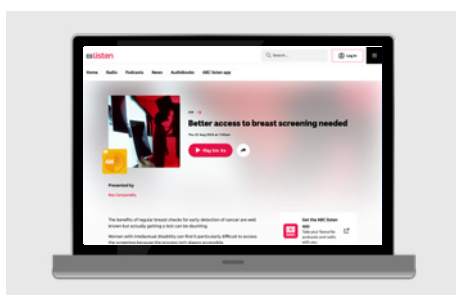
www.bit.ly/3O1plrJ



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You can ask for support to read it.



To listen to us talk about our research go to the website

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National Centre of Excellence in Intellectual Disability Health www.nceidh.org.au.

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