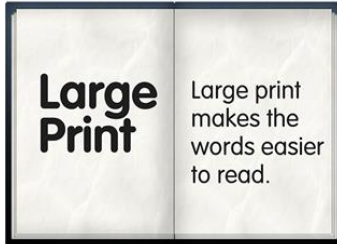


Preventive Health Words



Access

Access means something that is easily used or understood.



Accessible Information

Accessible information means information that is easy to understand.



Advocate

To **advocate** is when you or someone else does things to meet your rights.



Attitudes

Attitudes are what you

- think
- feel
- believe



Health Literacy

Health literacy is how people use health information.



Preventative Health Information

Preventive Health Information are things you need to know to stay healthy.



Reasonable Adjustments

Reasonable Adjustments are fair changes.



Who wrote this Easy Read

The Lived Experience Reference Group.



UNSW

Department of
Developmental
Disability
Neuropsychiatry

Where these people work

Department of Developmental Disability Neuropsychiatry
UNSW Sydney.

Also known as 3DN.

3DN is now a part of the National Centre of Excellence in
Intellectual Disability Health.



The information in this part of a series of easy read
resources about

- Words that are hard to understand
- Easier ways to say these words

For information on how to support people to use Easy
Read go to www.3dn.unsw.edu.au/professionals_toolkit



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No changes can be made without asking the people who
wrote this sheet.