

Intellectual disability health education



We are doing a project to teach people about the health of people with intellectual disability.



We will teach people about

- The health issues for people with intellectual disability
- How to care for people with intellectual disability.



This will help people with intellectual disability have better health.

What we are doing in the project



We made online courses about the **mental health** of people with intellectual disability.



Mental health is about how you think and feel.



The online courses are for

- Carers and families
- Health and disability staff.



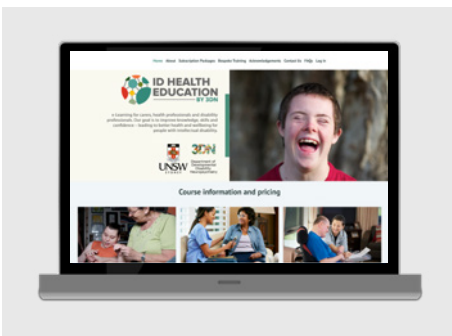
It is free to do the carers and families course.



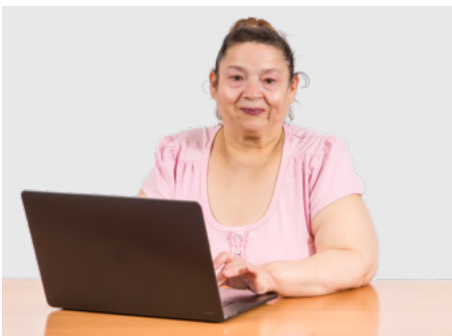
Each course was made by people who know a lot about health and disability.



People with intellectual disability helped make the courses.



You can do the courses at
www.idhealtheducation.edu.au.



The website is not Easy Read.

About this information



National Centre of Excellence in Intellectual Disability Health made this information.

Go to www.nceidh.org.au



CID made this information Easy Read in February 2025.



CID is part of the National Centre of Excellence in Intellectual Disability Health **consortium**.



A **consortium** is a group of organisations that work together to get a goal.



Email CID at business@cid.org.au if you want to use any of the pictures.