



## Recruitment Poster All Groups

Developing a model of preventive health care for people with intellectual disability  
Dr Maryann Barrington et al.

# Help improve preventive health care for people with intellectual disability Have your say!

## What is this study about?

People with intellectual disability can have poor health. This might not have happened if they could easily use preventive health care. Preventive health care is a type of health care. Preventive health care are things that support people to stay healthy and get better quickly when they are sick or are injured. This project wants to make it easy for people with intellectual disability to engage in health action planning with their doctor to take care of their preventive health. Health action planning is when you make a plan with a doctor about things you can do to take care of your health (e.g., dietary changes, specialist referrals, screening procedures, blood tests).

Through our partnership with key groups, this study will communicate with people with intellectual disability, their support networks (paid and non-paid) and health professionals to improve health action planning for people with intellectual disability. We want to learn from the experiences of health care professionals who have provided preventive health care to people with intellectual disability.

## What will happen if you take part

We will ask to you come to an interview or group meeting (called a focus group). We will ask you questions in person, online or on the phone to learn about your experiences. We can communicate with you in a different way if you prefer. The meeting will take about 1 to 2 hours. You will receive a \$50 gift card for your participation.

## What will this information be used for?

Your experiences will be used to help us improve preventive health care for people with intellectual disability.

## **Questions**

If you would like to take part in the project or want more information you can contact Jack Cooper. Jack is a researcher on the project. To contact Jack call +61434182259, or email [jack.r.cooper@unsw.edu.au](mailto:jack.r.cooper@unsw.edu.au).