Health information for diverse communities

We are doing a project to make health information for **diverse** people with intellectual disability.

Diverse means lots of different people.

Lots of people with intellectual disability come from diverse communities.

People with intellectual disability can come from communities with diverse

- **Cultures**

- **Genders**

- **Sexualities**.

Culture is how you live and what you believe because of where you are from.

Gender means how you feel inside about who you are.

You might feel like

- A man

- A woman

- Both

- Neither.

Sexuality means the way you feel about other people in a sexual way.

Many diverse groups of people do not get the health information they need.
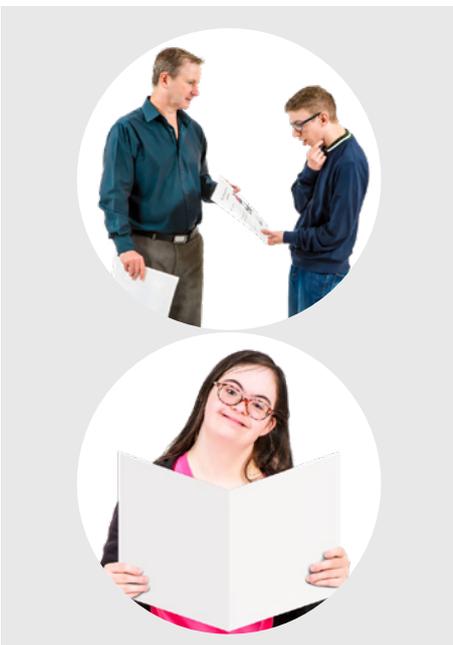
What we are doing in the project

We will speak to people with intellectual disability from diverse communities.

We will also speak to

- Carers and families

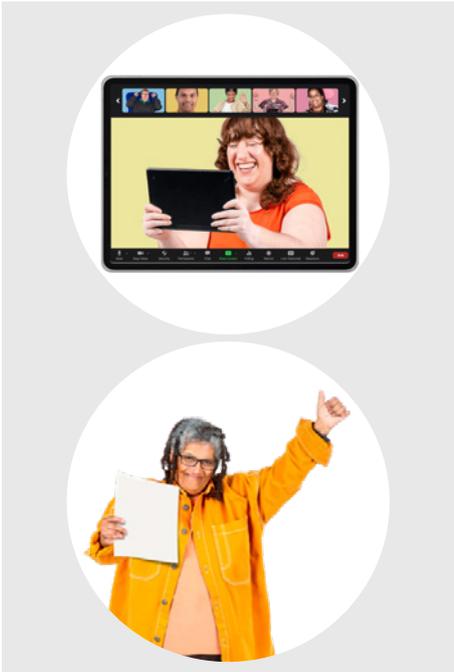- Health and disability staff.

We will ask them

- What health information they need

- How we can make sure the information is good and easy to use.

Then we will make health information for them.

The information we make will be things like
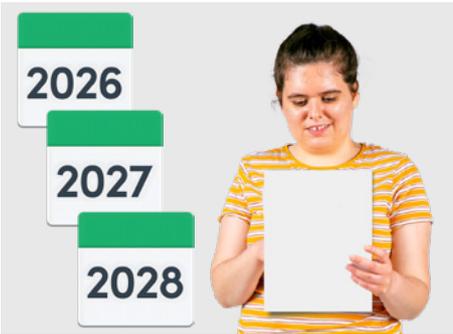
- Videos

- Information sheets.

We will ask people with intellectual disability to check the information we make.
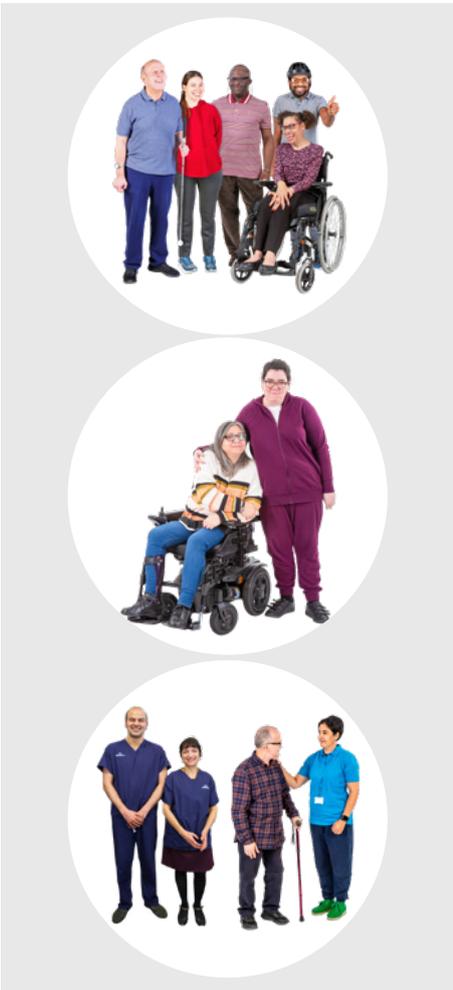
We will make a list of what people tell us makes information easy to use.

We will also share health information that has already been made.

Every year we will make new health information from what people tell us.

The health information will be for

• People with intellectual disability

• Carers and family

• Health and disability staff.

About this information

National Centre of Excellence in Intellectual Disability Health made this information.

Go to **www.nceidh.org.au**

CID made this information Easy Read in February 2025.

CID is part of the National Centre of Excellence in Intellectual Disability Health **consortium**.

A **consortium** is a group of organisations that work together to get a goal.

Email CID at **business@cid.org.au** if you want to use any of the pictures.