

# Working together every step of the way

National Centre of Excellence in Intellectual Disability Health
Annual Conference 2025

Program Preview

3 - 4 July 2025

Sydney Masonic Centre and Online





DAY 1

**Welcome to Country** 

**MC Welcome** 

**National Centre of Excellence Overview** 

Panel

\*Opening Address\*- Alastair McEwin AM

# **Morning Tea**



Break-out Session 1	Break-out Session 2	Break-out Session 3	Break-out Session 4
Research Co-Design in Intellectual	Social, Sexual, and Women's Health:	Driving Change: Advocacy on health	Your key message.
Disability Health	research and resources	for people with intellectual disability	*Workshop*
Panel	Panel	Panel	Learn and Lead Group

**Lunch and Entertainment** 



Break-out Session 1	Break-out Session 2	Break-out Session 3	Break-out Session 4
How to design workshops that include everyone	Intellectual disability and health gaps and improvements	Health planning and peer facilitation for people with complex needs	Using your smartphone to shoot professional films and content
Swinburne University	SACID	Microboards Australia	*Workshop*
Break-out Session 1	Break-out Session 2	Break-out Session 3	SF3 Film Festival
Communities of Practice in	<b>Co-Designing Online Spaces</b>	My Relationships Matter	
Intellectual Disability Health	Monash Health and the Centre	Council for Intellectual Disability NSW	
Panel			

Afternoon Tea



**Culturally Safe and Inclusive Practice in Intellectual Disability Health** 

Panel





















# DAY 2

Welcome

\*Keynote Address\*

Gloria Krahn | Gloria Krahn PhD MPH (USA)

# **Morning Tea**



Break-out Session 1	Break-out Session 2	Break-out Session 3	Break-out Session 4
Models of Care in Intellectual	Aging with Intellectual Disability	Coming Soon	Coming Soon
Disability Health			*Workshop*
Panel	Panel		

# **Lunch and Entertainment**



Break-out Session 1	Break-out Session 2	Break-out Session 3	Break-out Session 4
Lightning Talks	Lightning Talks	Gloria Krahn Fireside Chat	Coming Soon
			*Workshop*
Presentations	Presentations		
Break-out Session 1	Break-out Session 2	Break-out Session 3	Break-out Session 4
Healthy Discussions	Staying safe online	Access to Health Care	Amplifying Inclusion Though Art
			*Workshop*
Office of the Public Advocate	Down Syndrome Australia Digital Champions	South Australian Intellectual Disability Health Service	

# Afternoon Tea

That's a wrap! Conference reflections.

Panel



# **Morning Day 1**

### **Grand Lodge, Main Auditorium**

### **Welcome to Country**

Metropolitan Local Aboriginal Land Council

#### **MC** Welcome

Conference MCs will welcome everyone to the Conference.

- Julian Trollor, Director, National Centre of Excellence in Intellectual Disability Health
- Judy Huett, Co-Chair National Centre of Excellence in Intellectual Disability Health Coucncil

# National Centre of Excellence in Intellectual Disability Health Overview

A panel of team members from the Centre will talk about the Centre and different parts of the Centre's work.

- Raylene Griffiths and Laura Naing, Council for Intellectual Disability and National Centre of Excellence in Intellectual Disability Health
- Rory Keyes and Lucy Reynhout, National Centre of Excellence in Intellectual Disability Health
- Ana Nguyen, Learn and Lead Group-National Centre of Excellence in Intellectual Disability Health

# **Opening Address**

Alastair McEwin AM will give the opening speech.

• Alastair McEwin AM, Professor of Practice at UNSW and Former Commissioner at the Disability Royal Commission

























# **Morning Day 1 continued**

### **Break Out Session 1**

### **Research Co-Design in Intellectual Disability Health**

This session is about co-design in research. A panel of speakers will share their experiences co-designing research.

There will be a practical activity at the end.

- Wayne Wright, Centre for Disability Studies
- Iva Strnadova, UNSW
- Morag Kelly, Centre for Disability Studies
- **Erin Whittle,** Centre for Disability Studies (Co-Facilitator)
- Suzie Jessup, Centre for Disability Studies (Co-Facilitator)

#### **Break Out Session 2**

### Social, Sexual, and Women's Health, research and resources

This session is about sexual health and women's health. It will showcase some leading work and resources that have been developed through a co-design process.

- Sheridan Kerr, Sexual Health and Family Planning ACT
- Lauren Wrinkler, Cancer Council NSW
- Claire Bertholli, Women with Disability Australia
- Caroline Livanos, Jean Hailes for Women's Health
- Rory Keyes, National Centre of Excellence in Intellectual Disability Health (Co-Facilitator)
- Patsie Frawley, Resources and Innovation Lead, National Centre of Excellence in Intellectual Disability Health (Co-Facilitator)



# **Morning Day 1 Continued**

#### **Break Out Session 3**

### Driving Change, Advocacy on health for people with intellectual disability

This session is about systemic advocacy in intellectual disability health.

- Simon Cotterell, Council for Intellectual Disability
- Eileen Baldry AO, National Centre of Excellence in Intellectual Disability Health
- Kirsten Dean, Melbourne Disability Institute and National Centre of Excellence in Intellectual Disability Health
- Laura Naing, Council for Intellectual Disability and National Centre of Excellence in Intellectual Disability Health
- Darryl Steff, Down Syndrome Australia
- Sophie Howlett, Council for Intellectual Disability and National Centre of Excellence in Intellectual Disability Health (Facilitator)

### **Break Out Session 4**

Your key message.

# \*Workshop\*

Got something to say about healthcare?

Learn how to develop your key message in this fun and interactive workshop run by the Learn and Lead Group.

The Learn and Lead Group is a group of 10 people with intellectual disability who give advice to the Centre.

• Speakers, Coming Soon!























# **Afternoon Day 1**

#### **Break Out Session 1**

### How to design workshops that include everyone- Swinburne University

In this part workshop, part presentation, MedTech Vic /Swinburne will share learnings about co-design processes and draw on the expertise in the room to further develop the process.

• **Speakers,** Coming soon!

#### **Break Out Session 2**

### Intellectual disability and health gaps and improvements, SACID

This presentation is sharing important information about accessing health services. It will focus on gaps in services and ways address, in South Australia and beyond.

• Speakers, Coming soon!

#### **Break Out Session 3**

# Health planning and peer facilitation for people with complex needs, Microboards Australia

Microboards Australia will talk about their project on health planning and navigation for people with complex needs.

• **Speakers,** Coming soon!

### **Break Out Session 4**

# Using your smartphone to shoot professional films and content, \*Workshop\*, This session is 90 minutes long

Sharing stories and messages by film can be a powerful advocacy tool, and all you need is a smart phone!

In this workshop Angela and Bevan will teach us how to use a smartphone or tablet to make a professional video or film.

- Angela Blake, SF3 Co-Founder, Festival Director and Filmmaker
- Bevan Garozzo, Award-winning filmmaker



# **Afternoon Day 1, Continued**

#### **Break Out Session 1**

# **Communities of Practice in Intellectual Disability Health**

This session is about Communities of Practice in Intellectual Disability Health.

• Speakers - Coming soon!

#### **Break Out Session 2**

### Co-Designing Online Spaces, Monash Health and National Centre of Excellence in Intellectual Disability Health

Two organisations at different stages in the process of co-designing online information hubs will share experiences, successes and learnings.

• Speakers - Coming soon!

#### **Break Out Session 3**

### My Relationships Matter, Council for intellectual Disability NSW

Three women with intellectual disability share their stories and experiences together to help others feel more confident talking about their own sexual and reproductive health.

• Speakers - Coming soon

#### **Break Out Session 4**

### Using your smartphone to shoot professional films and content, Continued

Sharing stories and messages by film can be a powerful advocacy tool, and all you need is a smartphone!

In this workshop Angela and Bevan will teach us how to use a smartphone or tablet to make a professional video or film.

- Angela Blake, SF3 Co-Founder, Festival Director and Filmmaker
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# **Afternoon Day 1, Continued**

Afternoon Tea Break

# **Grand Lodge, Main Auditorium**

# **Culturally Safe and Inclusive Practice in Intellectual Disability Health**

This session explores how culturally safe practices improve outcomes for Aboriginal and Torres Strait Islander people with intellectual disability. Drawing on insights from community consultations and research, it will examine First Nations perspectives on ability, barriers to access, and the need for culturally safe services and practice. It will include strategies to embed cultural safety and understand disability within First Nations contexts.

• **Speakers -** Coming soon!



# **Morning Day 2**

# **Grand Lodge, Main Auditorium**

#### Welcome

- Julian Trollor, Director- National Centre of Excellence in Intellectual Disability Health
- Judy Huett, Co-Chair Council, National Centre of Excellence in Intellectual Disability Health

# **\*Keynote Address\***

# Gloria Krahn PhD MPH (USA)

It has been 25 years since Gloria Krahn published 'Cascade of Disparities: Health and Health Care Access for people with intellectual disabilities' Gloria will talk about health care for people with intellectual disability, 20 years on, how far have we come, and the priorities for change.

Morning Tea Break























# **Morning Day 2**

#### **Break Out Room 1**

### **Models of Care in Intellectual Disability Health**

A model of care is the way health services are delivered. The panel will talk about the different health services they work at, including services focused on mental health and physical health. The panel will also talk about how health services could do a better job in providing care for people with intellectual disability.

- Elizabeth O'Shannessy, Alfred Health
- Melanie Johnson, Queensland Centre of Excellence in Autism and Intellectual Disability Health
- **Dr Jessica Smith,** Adelaide Disability Medical Services
- Kitty-Rose Foley, National Centre of Excellence in Intellectual Disability Health (Co-Facilitator)
- Jenny Downs, The Kids Institute and National Centre of Excellence in Intellectual Disability Health (Co-Facilitator)

### **Break Out Room 2**

### **Aging with Intellectual Disability**

In this session a panel will talk about different aspects of aging with intellectual disability.

- Wendy Bruce, Fragile X Association of Australia
- Rachael Cvejic, National Centre of Excellence in Intellectual Disability Health
- Rebecca Koncz, UNSW (Facilitator)

### **Break Out Room 3**

Coming Soon

### **Break Out Room 4**

• Coming Soon, Workshop





# **Afternoon Day 2**

#### **Break Out Session 1**

# **Lightning Talks**

- 5, 15-minute talks sharing different ideas and perspectives, from personal journeys to new research, to the use of technology in intellectual disability health. Speakers will take questions from our livestream audience at the end.
- Speakers, Coming soon

#### **Break Out Session 2**

# **Lightning Talks**

- 5, 15-minute talks sharing different ideas and perspectives, from personal journeys to new research, to the use of technology in intellectual disability health. Speakers will take questions from our livestream audience at the end.
- **Speakers** Coming soon

### **Break Out Session 3**

#### **Gloria Krahn Fireside Chat**

Join our keynote speaker Gloria Krahn for a fireside chat

- Dr Gloria Krahn, Oregon State University (USA)
- Mary-Ann O'Donovan, Centre for Disability Studies

#### **Break Out Session 4**

Coming Soon





















# **Afternoon Day 2, Continued**

#### **Break Out Session 1**

### **Healthy Discussions**

### Office of the Public Advocate

The Healthy Discussions Project aims to improve communication between people with disability and health practitioners and is informed by the voices of people with lived experience.

• Speakers - Coming Soon

#### **Break Out Session 2**

### **Staying safe online**

### Down Syndrome Australia Digital Champions

The Down Syndrome Australia Digital Champions will run a short workshop on how to stay safe while using health apps such as MyGov and spotting scam emails.

• **Speakers** - Coming soon

### **Break Out Session 3**

### Access to Health Care, South Australian Intellectual Disability Health Service

This presentation is about outcomes of a Hospital-Based Anaesthesia Service for People with Intellectual Disability

• **Speakers** - Coming soon

### **Break Out Session 4**

### **Amplifying Inclusion Though Art \*Workshop\***

Learn about inclusion from Inclusion Leads, Laura, Raylene and Ricky while also learning new skills in pom-pom making! This session is in partnership with <a href="Equality Group">Equality Group</a> and is not to be missed!

• **Speakers -** Coming soon



# **Afternoon Day 2, Continued**

- Afternoon Tea Break



# **Grand Lodge, Main Auditorium**

That's a wrap! Conference reflections.

A panel of conference participants will reflect on the last two days. What is the vison for the future of health care? What does it mean to work together every step of the way to achieve it?

• **Speakers -** Coming soon

















