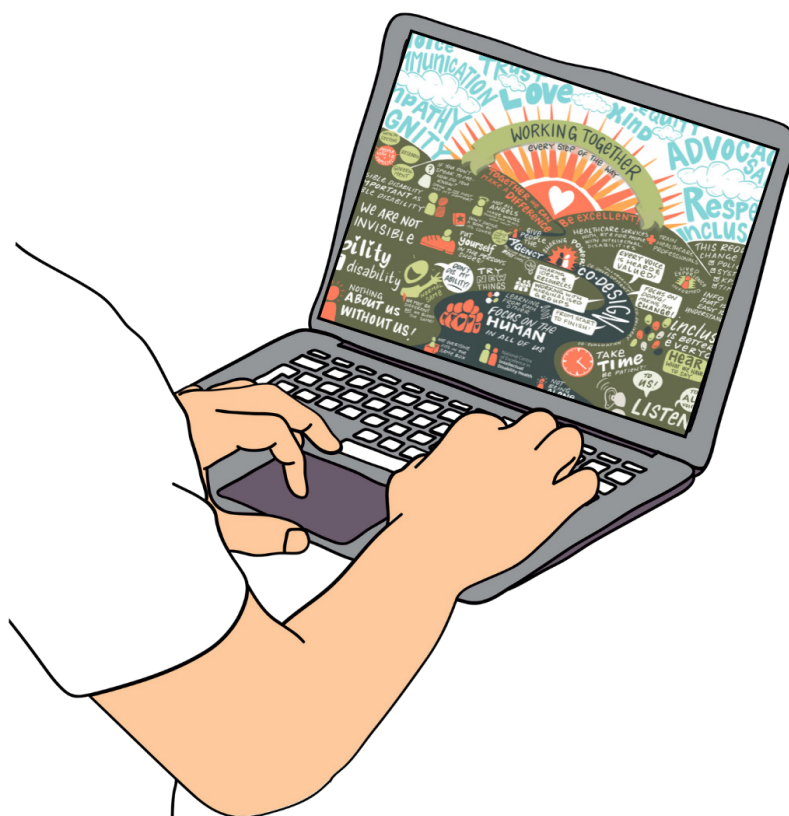
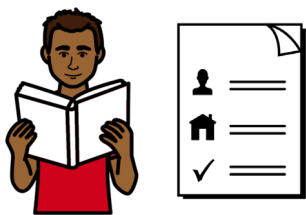




# 2025 to 2028





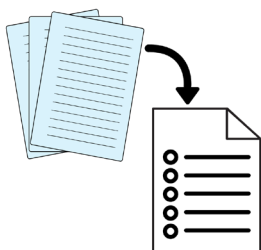
This is an Easy Read book.

Easy Read uses simple words and pictures.



We bold **hard words**.

Then we explain what the words mean.



This is a **summary** of another document.

Summary means it has the most important information.



Contact information is at the end of this book.



You can ask someone to help you read and understand this book.

## What we do



This book is from the National Centre of Excellence in Intellectual Disability Health.

We call it **the Centre** for short.



We work with people with intellectual disability, families and organisations to

- learn about problems in health care



- learn about what works well in health care



- find ways to make things better
  - for example, training and guidelines

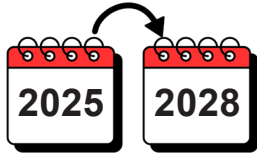


- speak up about the problems and ways to make things better.

## Our strategy



A **strategy** is a plan to achieve goals.



Our strategy goes from 2025 to 2028.

It has 3 parts.



### 1. Our priorities

**Priorities** are important things we want to do.



### 2. Our focus areas

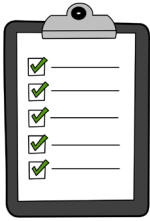
**Focus areas** are parts of the health care system we want to work on.



### 3. Our ongoing investments

**Ongoing investments** are things we will keep doing so we can achieve our goals.

## Our priorities



We have 5 main priorities.

### 1. Better information about disability and health



We will get better information about the health of people with intellectual disability.



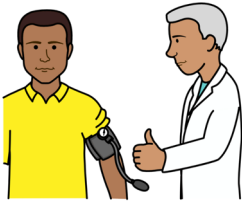
We will keep checking the information and share what we learn.

### 2. Training for health care workers



We will make training to help health care workers give better care to people with intellectual disability.

### 3. Good models of care



**Models of care** are ways to give health care to people with intellectual disability.



We will keep testing different models of care and share what we learn.

### 4. Resources for people with intellectual disability



**Resources** are things that help people understand things.

For example, fact sheets.

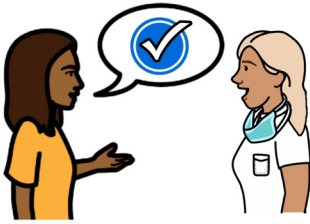


We will make resources for people with intellectual disability, their families and carers.

## 5. Take away barriers to quality health care



**Barriers** are things that stop people from getting what they need.



We will work with organisations to make it easier for people with intellectual disability to get good quality health care.

## Our focus areas



The health care system is big.

We will focus on 5 parts of the health care system.



### 1. Hospitals

Make hospitals safer and better for people with intellectual disability.



### 2. Mental health

Make it easier for people with intellectual disability to get good quality mental health care.



### 3. Services working together

Make it easier for people with intellectual disability to use different services.



### 4. Care across life stages

Make sure people with intellectual disability get good quality health care as they get older.



### 5. Preventative care

**Preventative care** means help to stay healthy and well.



## Our ongoing investments



There are 5 important things we will keep working on to achieve our goals.



### 1. Help health care services to be inclusive.

**Inclusive** means everyone can be part of something.



### 2. Speak up about issues that affect people with intellectual disability in health care.



### 3. Finish the projects we are working on and use what we learn in new projects.



### 4. Connect all the different work happening across the Centre.



### 5. Find people with good skills to help us make change.



## More information



For more information contact the National Centre of Excellence in Intellectual Disability Health.



**Website** [www.nceidh.org.au](http://www.nceidh.org.au)



**Email** [nceidh@unsw.edu.au](mailto:nceidh@unsw.edu.au)

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**Call**      131 450



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